

## Manzanita Area NEP EMERGENCY EVACUATION Supply List

Think about the specific ongoing needs of your own household,  
and your ability to carry these items to the designated evacuation area.

**Backpack - or - Rolling Suitcase**

**Food and Water**

- 6 4-oz water pouches/person
- Water purification tablets
- Canteen w/water filter
- 12 Meals/person, such as:
  - 3000-calorie food bars
  - MREs
  - Freeze dried meals
  - Canned goods
- Can opener
  
- Pet food and bowl
- Extra leash

**Comfort and Sanitation**

- Waterproof ground cloth
- Space blanket
- Hand warmers (heat packs)
- Warm socks
- Wool watch-type cap
- Boots or sturdy shoes
- Plastic rain pants & jacket
- Toothbrush & toothpaste
- Hotel-size soap bars
- Baby wipes (travel size)
- Feminine pads (also useful for first aid)
- Toilet paper
- Plastic garbage bags

**Items Specific To My Household's Needs**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**First Aid and Medications**

- First aid kit
- EMT shears
- Pain relievers
- Extra prescription medications
- Eyeglasses, hearing aid batteries
- Hand sanitizer

**Equipment**

- Swiss Army knife or Leatherman tool
- Fixed-blade knife with sheath
- Lighting
  - Flashlight w/ extra batteries
  - Hand crank flashlight
  - Cyalume light sticks
- Leather-palm gloves
- Duct tape
- 50-feet of light rope
- AM-FM radio (hand crank)
- Waterproof matches
- Plastic spoons
- Metal cup

**Miscellaneous**

- Copies of important documents
- Extra house and car keys
- List of contact names & numbers
- Playing cards
- Cash - small denominations and coins

***PREPARING AHEAD OF TIME IS THE  
BEST WAY TO ENSURE YOUR  
FAMILY'S SAFETY - AND COMFORT!***

- Consider also keeping a first aid kit and emergency supplies in each vehicle and at your place of employment.
- Review your supplies twice a year (when you change your clocks) to rotate out expired food, medications, and batteries. Adjust your kit to your household's changing needs.
- Have a good supply of non-perishable food and water on hand at home to 'camp out' in place until help arrives. See other side for shelter-in-place checklist.