

## Manzanita Area NEP SHELTER-IN-PLACE Supply List

This list was developed for use locally, taking into consideration the north coast's likely weather conditions. Think about the specific ongoing needs of your own household, and stock the items your household normally uses for two weeks.

**Sturdy shelving - in an easy to access location, and secured to the wall**

**Food and Water**

- 1 to 1.5 gallons of water per person per day
- Water purification tablets or chlorine bleach
- Clean plastic, glass or fiberglass water containers
- Non-perishable food, such as:
  - Ready-to-eat soups, dry mixes
  - Canned fruits, vegetables, meats and fish
  - Pasta, rice and instant potatoes
  - Peanut butter and jelly
  - Crackers, nuts, hard candy
  - Canned, boxed or powdered juice; instant milk
  - Instant coffee and tea
- Pet food

**Comfort and Sanitation**

- Premoistened towelettes
- Dish soap
- Towels
- Disinfectant or bleach
- Wash basin (if needed)
- Hand sanitizer
- Sunscreen
- Toothbrush & toothpaste
- Hotel-size soap bars
- Diapers
- Feminine hygiene
- Toilet paper
- Plastic garbage bags

**Items Specific To My Household's Needs**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**First Aid and Medications**

- First aid kit
- Extra prescription medications
- Eyeglasses, hearing aid batteries
- Anti-diarrhea medication

**Food Preparation**

- Aluminum foil, food containers, zip-bags
- Cooking utensils
- Eating utensils, plates and cups
- Pots and pans
- Can opener
- Camp stove and fuel
- Barbecue and fuel

**Equipment**

- Lanterns with batteries and/or fuel
- Trash can with lid
- All-purpose weather radio with batteries
- Fire extinguisher
- Duct tape
- Sewing kit
- Plastic sheeting to cover broken windows
- Tools, incl. wrench to shut off propane
- Leather gloves
- Generator with fuel

**Miscellaneous**

- Copies of important documents
- Extra house and car keys
- List of contact names & numbers
- Cash - small denominations and coins

Review your supplies twice a year (when you change your clocks) to rotate out expired food, medications, and batteries. Adjust your kit to your household's changing needs.

Have a '72-hour' kit in an accessible location, in case you must evacuate your home suddenly. See other side for emergency evacuation supply checklist.